

September 2025

H.R. JEFFERIES JR. HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
1 HOLIDAY	2 CHICKEN FAJITAS SPANISH RICE BEANS CARROTS SALSA SHERBERT FRUIT & MILK	3 CHICKEN ALFREDO BREAD STICK GARDEN SALAD CALIFORNIA VEGETABLES FRUIT MILK	4 POPCORN CHICKEN CORN CRUNCHY BROCCOLI SALAD COOKIES FRUIT MILK	5 COUNTRY FRIED STEAK GRAVY ROLL POTATOES GREEN BEANS FRUIT MILK
8 BBQ ON A BUN STREET CORN CUCUMBERS PB RICE KRISPIE TREAT FRUIT MILK	9 STEAK SANDWICH FRESH VEGGIE CUP POTATOES FRUIT MILK	10 CHICKEN NUGGETS MAC & CHEESE CARROTS YELLOW SQUASH SNOWBALL SALAD MILK	11 HAMBURGER CHIPS TOMATO CUP BROCCOLI FRUIT MILK	12 MEAT & CHEESE CHALUPA SPANISH RICE BEANS GARDEN SALAD PUDDING FRUIT MILK
15 STEAK FINGERS GRAVY ROLL GREEN BEANS CORN FRUIT MILK	16 WALKING TACO BEANS FRESH VEGGIE CUP BROWNIE FRUIT MILK	17 CALZONE BROCCOLI MARINARA SAUCE FRUIT MILK	18 BONELESS WINGS CHIPS CELERY STICKS CARROTS SHERBERT FRUIT MILK	19 SPAGHETTI W/ MEAT BISCUIT GARDEN SALAD SWEET POTATO FRIES FRUIT MILK
22 STAFF DEVELOPMENT	23 QUESADILLA SALSA BEANS CUCUMBERS ICE CREAM FRUIT MILK	24 CRISPY CHICKEN SANDWICH CHIPS FRESH VEGGIE CUP GARDEN SALAD FRUITY GELATIN FRUIT & MILK	25 ASIAN BOWL EGG ROLL BROCCOLI CORN FRUIT MILK	26 CORN DOG POTATOES TOMATO CUPS FRUIT MILK
29 HOT DOG OVEN FRIES TOMATO CUP FRUIT MILK	30 HAM & CHEESE MELT BEANS CARROTS SHERBERT FRUIT MILK	Did you know? September 30th is known as International Translation Day, and September 12th marks the beginning of the first ever submarine test.		

BREAKFAST

MONDAY:
PANCAKE
OATMEAL

TUESDAY:
FRENCH TOAST
BACON
YOGURT

WEDNESDAY:
EGG
SAUSAGE
BISCUIT
GRAVY

THURSDAY:
BREAKFAST BURRITO

FRIDAY:
SAUSAGE/EGG/CHEESE
CROISSANT

EVERYDAY OPTION:
CEREAL
JUICE
FRUIT
MILK
CHEESE STICKS
OR
GRAHAM CRACKERS

"THIS PROVIDER IS AN
EQUAL OPPORTUNITY
PROVIDER"